



Welcome: _____ to the Office of Laura Fine, MFT degree, HHP, MA.
I appreciate your patronage. I would like to acquaint you with Transpersonal Energy Healing, a form of Body/Mind Therapy. Here are my policies to support our time together.

Transpersonal Energy Healing is a form of body/mind therapy that assists the release of disorganized energy and emotions that can be trapped in the body's tissues from life stressors. Energy work can be subtle yet powerful. It is not a magic quick fix or substitute for medical care. It can facilitate healing in a holistically effective manner that promotes internal transformation when utilized with whole-hearted commitment.

During each session we will discuss your physical, psychological, emotional and spiritual health needs and goals and how I can support you in movement toward these goals. We may use a variety of techniques including: Transpersonal Energy Healing Therapy, (a body/mind approach to therapy), hypnosis, physical movement, or breath work. This work can apply to individuals and/or couples addressing relational issues. Additionally, educational opportunities and classes are available through my website: www.LauraFineOnline.com.

Payment and cancellation policies

- Unless you purchased a package, the first session is \$225 and takes 1 ½ hours. After the first session, the hourly fee is \$195. Couples sessions are \$255 for 90 minutes.
- **Payment is due in advance of our session.** After we finish our session, we may be in a non-linear state and it is therefore best to deal with finances beforehand.
 - ***If your session is via ZOOM, please pay via paypal to LauraFineOnline2@gmail.com in advance of our session. Your session will not be considered confirmed until payment is received.***
 - If your session is in person, you may send a check. Please make checks payable to: **Laura Fine and mail to: 305 Barsana Road, Austin, TX 78737,**
- For those interested in a treatment series we will discuss goals and rates after our first session.
- Your appointment is your reserved hour. A 24-hour notice of cancellation is requested. If you are running late I will wait for 30 minutes holding the balance of our time. If after 30 minutes you have not arrived or communicated with me directly, the session will be considered cancelled and you will be responsible for full payment. If for any reason you are unable to provide 24 hours' advance cancellation notice, you will be responsible for full payment. Should a problem arise and I need to cancel our appointment, you will be given a minimum of 24 hours' advance notice.
- If you purchased a series and choose to cancel before completion, 50% of your unused session fees are non-refundable.

Post Treatment Recommendations

- After the treatment, I suggest you wait at least 10-15 minutes before driving. Take time for rest and relaxation if you can - no strenuous work or exercise for at least 24 hours. Drink plenty of water, and eat healthy, easy to digest foods. Avoid harsh conflicts and try to postpone confrontations for 24 hours. If, after the session, you have any questions regarding our work, you are welcome to contact me.



- Please inform your doctor and health care providers about the complementary nature of our work together. With your permission, I am happy to directly communicate with your health team about the nature of body/mind Transpersonal Energy Healing Therapy.

Your safety

- All information shared on your intake form and during our sessions will remain strictly confidential unless there is a situation-involving harm to yourself or another.
- I understand that Transpersonal Energy Healing is not licensed by the state and this work is considered complementary to other forms of health care. I understand that Laura Fine has had over 4000 hours of training and 30+ years of practice in the field of energy healing and has a Masters Degree in Marriage and Family Therapy and a Masters of Arts Degree.
- I understand that Laura Fine is not a physician or licensed therapist and I am not seeking diagnosis for any mental or emotional disorder, nor am I seeking psychotherapy. I am voluntarily requesting holistic counseling and energy healing. I take full responsibility for how I choose to interpret and implement all information and experience derived from any sessions with Laura and any life choices or actions I take which includes financial responsibility in all aspects of my life.
- I am advised to maintain appropriate care and treatment from my medical doctors and other caregivers in order to sustain an effective network of health care on all levels.
- I, voluntarily elect to accept all risks connected to my participation in Transpersonal Energy Healing with Laura Fine and release her and any organization or institution with which she is affiliated, from any and all claims and liability now or in the future including, but not limited to, heart attacks, muscle strains, psychological or emotional breakdowns or disorders, difficulties and any other illness, soreness or injury however caused, occurring during or after my participation in any session with Laura Fine.

Your Agreement: I have read, understood and received a copy of the above guidelines. My signature indicates I agree to willingly participate in this treatment and abide by all policies stated.

Signature of client

Please print name

Date